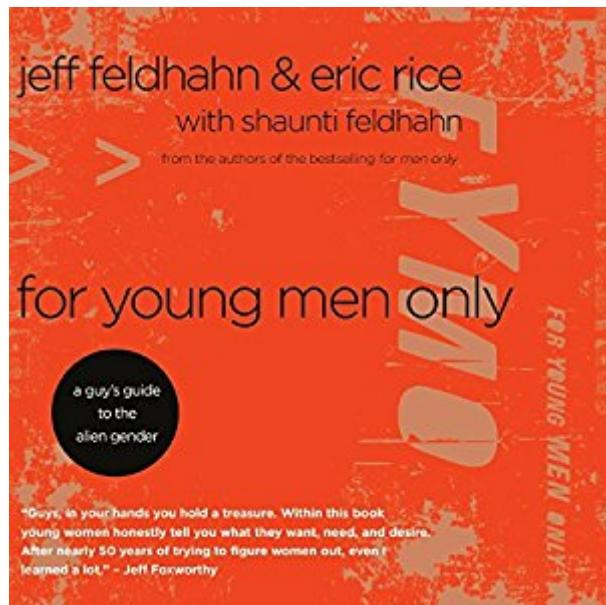


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# For Young Men Only: A Guys Guide To The Alien Gender



## **Synopsis**

Based on a national survey of hundreds of teenage girls, Jeff Feldhahn and Eric Rice give young men insight into the hearts and minds of teen girls while opening the way to healthier relationships between guys and girls, both now and in their future.

## **Book Information**

Audible Audio Edition

Listening Length: 3 hoursÂ andÂ 42 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Oasis Audio

Audible.com Release Date: July 11, 2011

Whispersync for Voice: Ready

Language: English

ASIN: B005C2X9CW

Best Sellers Rank: #135 inÂ Books > Teens > Social Issues > Dating & Intimacy #464 inÂ Books > Christian Books & Bibles > Ministry & Evangelism > Youth Ministry #612 inÂ Books > Christian Books & Bibles > Christian Living > Men's Issues

## **Customer Reviews**

On the front cover is a quote from Jeff Foxworthy - you know, the "You might be a red neck..." guy. So I was a bit curious what direction this was going to take, and thankfully it went in a good direction. The book was an enjoyable light read, with a lot of good information. It isn't a religious book though it appears to have a solid Christian worldview, and is solid in most of what it says. It is written clearly, but in a language that today's teen guys will totally get. It connects well. Instead of being a religious book looking at dating, this book sets out to be more informal, and more informational, providing a good look at what young women are looking for in young men. I couldn't help but think that this book would have been useful to me when I was in its target market teenage range. It is wise without being condescending, educational without being preachy. It serves as a light for young men into the dark mystery that is women. While women will continue to confound young men after reading this book, it is a good first step to better understanding. The areas the book covers are:1. Why do girls pick the fancy boys over the average ones?2. Why are good girls attracted to bad guys?3. Why do girls seem so crazy sometimes?4. Why do girls like you one day, and then want to break up the next?5. What can guys do to better listen to girls?6. What go girls

really think about sex? I found sections three and four to be the most interesting to me, but all were well thought out, well researched, well documented and clearly presented.

This book is basically a book meant to teach older boys, teens, and young men how to interact with girls and women. It discusses what young women want, how to talk to them, how to interact with them, what they say, what they mean, how they feel. Jeff, Eric and their wives have collaborated in whole or part to write *For Women Only*, *For Men Only*, *For Parents Only* and *For Young Women Only*. The writers admit they wrote *For Young Men Only* last because they were trying to avoid it altogether. They didn't think young men would ever pick up a book and read it to learn how to relate to young women. But, after receiving hundreds of requests, they relented. They did scientific studies of what young women think about various topics and published the most surprising the results. The best part of the study from my perspective was that the women sampled came from all backgrounds: different religions (or none at all), different racial, ethnic and cultural groups, different social classes, intellects, etc. This was an excellent book and a real eye opener for me. I'm 37 years old and when I was young(er), I assumed no one else felt the way I did about what's attractive in a young man, communication styles, s\*x, love, dating. What I learned from this book is not only was I not alone then, but the majority of young women NOW still feel the way I did. I thought differently (worse) of "the next generation". This book is a great read for young men (ages 10-30, in my opinion), youth pastors, teachers, parents, basically anyone who interacts with young men. While I don't personally fit into that category, I am going to get *For Women Only* and might read *For Men Only* and point out relevant passages to my husband. To be honest, there were even a few items in the *For Young Men Only* book that I thought my husband would benefit from knowing!

I did a quick look over this book just to see what they are telling guys about us girls. I have to admit that all of this is true about us females, at least what I can see. In fact, I can't believe guys don't already know this stuff about girls! I'm like, "Really boys? You don't know this already? Thank god they have a book for your gender otherwise you would forever be in the dark about us." Girls are actually intelligent. Well, depends on the girl. Also, just a tip for you guys out there, which is probably already in this book, is to actually pursue the girl! Most girls aren't confident enough to actually chase a guy, for a lot of guys can be quite heartless and then never let them live it down. Let me tell you one thing though, most girls are suckers for a sweet, mature, and funny guy that actually shows a little interest. Why do you think *Twilight* sells so many books?!? I know that I can't have one day without having one of my friends blab about some guy, especially the ones that are really great and

show a small gesture. I know that I always appreciate a guy who shows an interest in me instead of me having to spend like three years to get him to break out of his shell. Also, it is so true how most girls really hope their guy doesn't push sex or does little hurtful jokes their way. It hurts their feelings at times, especially if they sort of like you. I'd like to look it over more just to get some good laughs, but I'm not about to buy it because I'm a girl and I already know about me, lol. On the other hand, I'm probably going to read the version of this book for my own gender, and I recommend this book for guys!

I run a young men's youth group for 14-17 year olds called 'Wisdom Seekers' and, most any guys that age are extremely puzzled by and trying to figure out women ( though I'm not sure that ever really goes away!). I bought a copy for each of the guys and we did about a chapter a week. It was written in a way that was very approachable to them, and, based on the discussions we would have at the end of each chapter they (I should say we) all learned some good and helpful things. I think all of them came away realizing that if they just relax, be confident in who they are, take the time to really listen, and (without going into all the details) try to display several other similarly achievable traits, they can interact with the opposite sex in a way that will help them find the right person.

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